

## **Occupational Therapist Main Grade - Community Rehab Service (CRS)**

**Salary:** Band 9, £39,151 - £42,838 per annum

37 hours per week Monday - Friday

**Location:** St Marys Community Campus, Portsmouth

### **The Service**

The Community Rehab Service (CRS) is an integrated health and social care team supporting adults with a wide range of health and care needs. The service provides:

- A **responsive crisis intervention** to manage needs at home and prevent unnecessary hospital admissions.
- A **city-wide service** that facilitates timely discharges and provides community-based care.
- An **intermediate care offer** focused on rehabilitation, reablement, and recovery in people's homes.

The team is evolving into a **fully therapy-led model**, working closely with community nursing and other partners to deliver high-quality, person-centred care.

### **Our Team**

CRS includes Occupational Therapists, Physiotherapists, Therapy Assistants, and Rehab Assistants who work collaboratively to deliver coordinated, person-centred support. The service supports individuals with a wide range of conditions, from simple to complex, aiming to promote independence and improve quality of life.

### **Our Vision**

We aim to deliver innovative, effective services that:

- Enable people to live independently and healthily at home.
- Reduce long-term care needs and avoidable hospital admissions.
- Promote self-management and reablement.
- Provide the right support, in the right place, at the right time.

### **What is the role?**

This is an exciting opportunity for an Occupational Therapist to join CRS and deliver reablement and rehabilitation interventions to Portsmouth residents in their own homes. The role focuses on restoring or maintaining physical, psychological, and social functioning.

## **Key Responsibilities**

- Conduct strength-based assessments and develop personalised rehabilitation plans.
- Use clinical reasoning to select, implement and evaluate appropriate interventions.
- Monitor and adapt treatment plans to ensure effectiveness and goal achievement.
- Complete and document risk assessments to ensure safe practice.
- Provide education and advice to clients, carers, and professionals as required.
- Supervise and support Rehabilitation Assistants and students.
- Maintain accurate, timely clinical records in line with professional standards.
- Contribute to service development and continuous improvement initiatives.
- Ensure compliance with HCPC and RCOT standards and codes of practice.
- Promote safeguarding, equality, and inclusion in all aspects of work.
- Willingness to undertake further training as required.

## **Who is the person?**

### **You will have:**

1. A Diploma of the College of Occupational Therapists or BSc Occupational Therapy or any Occupational Therapy qualification recognised by the World federation of Occupational Therapists.
2. A current HCPC registration as an Occupational Therapist.
3. Clinical reasoning and problem-solving skills.
4. An understanding of rehabilitation and reablement.
5. The ability to work independently using your initiative and organise and manage a varied caseload and work under pressure.
6. A commitment to ensuring the client remains at the forefront of all our interventions whilst delivering an effective and efficient service.
7. Strong communication and interpersonal skills.
8. The ability to converse at ease with customers and provide advice in accurate spoken English is essential for the post.
9. Competence in IT systems and electronic record keeping.
10. Flexible and responsive to changing needs and demands.
11. An understanding of relevant legislation (e.g. Care Act, Mental Capacity Act).
12. The ability to travel across Portsmouth and access clients' homes.
13. An understanding of, and an ability to carry out, moving and handling skills and techniques.
14. The ability to acknowledge, respect and respond to individual differences and diversity requirements
15. A commitment to CPD and maintaining professional standards.

16. Experience supervising junior staff or students would be desirable
17. A knowledge of frailty and long-term conditions would be desirable
18. A familiarity with strength-based and person-centred approaches would be desirable.
19. An understanding of Adult Social Care eligibility criteria is desirable.

## Our council values

You will lead, promote, and demonstrate the values of our organisation.

- **respect** – we treat everyone with respect, considering the feelings, wellbeing, safety, and rights of others.
- **integrity** – we are accountable, can be trusted and take responsibility for our actions.
- **collaboration** – we work together as a team and with our colleagues, residents, partners, and communities to achieve more.
- **inclusive** – we recognise diversity, are open, fair and provide equal opportunity to all.
- **people-focussed** – we put people first and ensure our customers are at the heart of everything we do.

**If you would like to discuss this role further, please contact:**

**Catherine Ayling – 0300 1234021 [Catherine.Ayling@solent.nhs.uk](mailto:Catherine.Ayling@solent.nhs.uk)**

Portsmouth City Council is committed to safeguarding and promoting the welfare of vulnerable adults and expects all staff and volunteers to share this commitment.

DBS Disclosure at Enhanced level will be required prior to any offer of employment and this post is exempt from the Rehabilitation of Offenders Act 1974.

This role is eligible for a DBS check and the DBS have published a privacy notice to ensure individuals are fully informed of the use of their personal data; their rights and that Portsmouth City Council are meeting the necessary requirements when submitting DBS checks. It is important that you read and understand this privacy policy before any application is submitted to the DBS.

Visit the Gov website to read the full notice.

Please include the below statement in your application. It is important you know your rights.

I have read the Standards/Enhanced Check Privacy Policy for applicants and I understand how the DBS will process my personal data and the options available to me when submitting an application

Signed.....Dated.....

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.