



Community Wellbeing Worker - fixed term/secondment opportunity until 31 March 2028 due to funding

Salary: Band 5 - £26,473 to £28,239 per annum (£5,723 to £6,105 for 8 hours)

Hours per week: 8, days to be discussed at interview

Location: Various locations across Portsmouth

Portsmouth City Council is committed to safeguarding and promoting the welfare of 'adults at risk' and expects all staff and volunteers to share this commitment. Every post is subject to PCC and Portsmouth Safeguarding Adults Board safer recruitment procedures.

This role requires a Disclosure and Barring Service (DBS) check at Enhanced level which will be required prior to any offer of employment, and this post is exempt from the Rehabilitation of Offenders Act 1974.

The Service

"We want Portsmouth to be a healthy and happy city, in which each person has the education, care and support they need for their physical and mental health" ([Health and Wellbeing Strategy 2022 - 2030](#))

The Public Health Directorate plays a key role in achieving the city's ambitions by providing leadership and influence to improve the health and wellbeing of the people of Portsmouth. We do this by focusing on improving the health and wellbeing of our poorest residents fastest to reduce health inequalities.

The service leads on delivering the Council's public health role and works closely with a range of colleagues within the Council and partners to optimise opportunities, such as Hampshire and Isle of Wight Integrated Care Board, the voluntary and community sector, the University of Portsmouth, businesses and local residents. As a service we take pride in our work by valuing others and focusing on areas where we can make a real and positive difference.

The Wellbeing Service

People living in the most deprived communities in Portsmouth have poorer health outcomes and shorter life expectancy. Around two thirds of reduced life expectancy and health inequality in Portsmouth is caused by four conditions (cardio-vascular disease, cancer, liver disease and respiratory disease). These conditions are primarily associated with the four main risk factors known to impact health - specifically smoking, excess alcohol, unhealthy weight, and physical inactivity.

The Wellbeing Service supports individuals to modify behaviours, improve their health, increase life expectancy, and to reduce health inequalities for people in Portsmouth. The Wellbeing team provide services across the PO1 - PO6 locality in a range of venues including GP practices, hospital settings and community centres. In addition, the service provides telephone/virtual support. Some of the work undertaken will be targeting our most deprived communities, who suffer the greatest health inequalities. Continually striving for improvement, we are currently linking into a neighbourhood health operating model, aligning with system partners to support health and wellbeing of residents within their local community.

We deliver a diverse range of services, so our principles are created to best meet the needs of the service and our customers balanced with the needs of our staff.

Team Principles are setting out how, where, why and for what teams work. They have been collectively agreed and owned by the whole team to best meet the needs of the service and our customers/residents. Team Principles are reviewed regularly to ensure the service needs continue to be met in the most effective way.

What is the role?

- Delivering the Community Wellbeing Worker programme with a targeted population; building trusted relationships with residents and supporting households with their physical, mental and social health and wellbeing.
- Work as part of a Team Rota covering all aspects of service delivery. Work patterns may involve an evening shift per week (to 7:30pm). You will be required to meet with clients in a variety of settings, including but not limited to GP Surgeries, community venues, residents' home, either in a 1-2-1 or group/clinic to identify their support needs through conducting an initial assessment.
- Provide ongoing support through personalised support planning specifically around physical activity, smoking cessation, weight management, harmful drinking; this may include providing extended brief advice and developing/delivering a programme of support. This will range from empowering through self-help, brief advice and extended brief advice to support behaviour change and self-management techniques.
- Facilitate access to and provide ongoing support where needed to support broader holistic issues impacting an individual's health e.g., housing, debt, isolation, domestic abuse. You will be required to provide brief advice and extended brief advice. You will be required to transport and safely store resources and equipment required for the role, such as stop smoking aids. Participate in Wellbeing Service Promotional events across the city.
- You will have administrative or technical skills, to ensure correct recording and updating of all client interaction on the Service's caseload management system. You will support new referral processing and triage of clients when required.
- You will collaborate with key colleagues from the local health and care systems to work together to improve the health and wellbeing of the local population. You will support Portsmouth City Council and its partners in the response to health protection matters, such as the COVID-19 pandemic, and the concomitants that arise from that.
- Portsmouth City Council commit to developing its staff therefore as part of this role you will be expected to commit to ongoing learning and development.

Who is the person?

You need:

1. Some experience of working in a customer facing role with clients, in 1-2-1's or groups in a variety of settings.
2. Preferably have the ability to facilitate support with either physical activity, emotional wellbeing or the broader issues that may be impacting an individual's current health or could prevent a client's ability to manage their health in the future.
3. Knowledge and understanding of Portsmouth demographics and of the Wider Determinants of Health, how they can impact health and how to engage people with support to address these.

4. Good Interpersonal skills and being part of a multi-disciplinary team. You will be able to demonstrate effective team working, working flexibility to meet the needs of the wider team.
5. Excellent communication skills are essential as you will be communicating with individuals at all levels including service users and stakeholders. The ability to converse at ease with customers and provide advice in accurate spoken English (essential for the post).
6. Good data management and time management/organisational skills with the ability to prioritise and organise your workload.
7. Demonstrate an ability to self-motivate and to act on your own initiative, with the ability for autonomous working.
8. Good level of numeracy and literacy are essential.
9. Good IT skills, including the use of Microsoft Outlook, Teams, Word and Excel, this will include the use of the Wellbeing Service Case Management system.
10. To comply with local Safeguarding procedures and undertake training if required
11. Have a commitment to equal opportunities.
12. Car driver or the ability to work across PO1 - PO6.
13. Knowledge of recognised behaviour change techniques and the ability to deliver health behaviour change including guidance around healthy eating and being physically active would be desirable.
14. Knowledge of the wider determinants of health, how they can impact health and how to engage people with support to address these would be desirable.
15. Understanding of the role of Public Health in supporting healthy lives and reducing health inequalities desirable although not essential.
16. Understand and demonstrate the benefits of working in partnership/collaborating with others desirable although not essential.
17. Experience of working with community and voluntary sector groups is desirable.
18. Have a commitment to continuous personal development including the willingness to undertake training in weight management support.
19. Contribute to reflecting and reviewing existing work practices and procedures.

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.

General Data Protection Regulation (GDPR)

Portsmouth City Council is the Data Controller of any personal information you provide when applying for a job. It will only be used in connection with the recruitment process and will not be kept for longer than necessary. For more detailed information you can access the Data Protection Privacy Notice on our [careers portal](#).