Portsmouth CITY COUNCIL

# Care Assistant - Nights

**Salary: Band**: 4 £26,033 - £27,346 (£17,589 - £18,477 for 25 hours) - plus 33% shift allowance

**Hours:** 25 hours per week
Week 1 & 3 Thursday/Friday/Saturday 21:30 – 07:30
Week 2 & 4 Thursday/Friday 21:30 – 07:30

**Location:** Shearwater

**Contract:** permanent

DBS Disclosure at Enhanced level will be required prior to any offer of employment and this post is exempt from the Rehabilitation of Offenders Act 1974.

Portsmouth City Council is committed to safeguarding and promoting the welfare of adults with care and support needs and expects all staff and volunteers to share this commitment. Every post is subject to PCC and Portsmouth Safeguarding Adults Board safer recruitment procedures.

Portsmouth is a vibrant university city, with a rich maritime history on the South coast enjoying excellent transport links to the rest of the country.

**The Service**

Shearwater is in Milton area of Portsmouth and is a purpose built 40 bed dementia residential home, which opened in August 2009. The accommodation is spread over 2 floors in units of 20 per floor. All bedrooms have a private ensuite with a shower.

We currently have around 100 staff working different floors throughout the home. The second floor is currently not occupied and is being used for the council's contingency plan, plus activity area for residents.

Our philosophy is to encourage independence, though we recognise severe dementia may require residential care. We promote well-being through person centered activities and supporting diversity.

**What is the purpose of Adult Social care from a service user perspective?**
Help me, when I need it, to live the life I want to live.

As a service we take pride in our work by valuing others, focusing on what's important so that we make a real and positive difference. Our values are outlined in our Ways of Working and if they reflect who you are as a person and how you work, then this could be the role that meets your expectations.

**What is the role?**

Using a person-centred approach, you will look after the physical, emotional, cultural and social needs of service users. This will include personal care, assisting clients to settle into bed and providing support if they wake. This will include all aspects of person- centred

Portsmouth CITY COUNCIL

at mealtimes and all aspects of daily living. You will provide personal centred care, night-time activities for those who do not wish to sleep, promoting the resident's mental health and well-being, providing good fluid and nutritional intake.

You will be key to specific residents, taking responsibility to ensure information about their health is recorded and communicated to the night senior. This is a legal requirement under the Care Quality Commission CQC and is designed to meet our fundamental standards so resident's individual needs are met and care plans can be kept up to date with this information.

It will be your responsibility to ensure monitoring and hourly checks, with detailed recording of your observations, are carried out.

You will look after the needs of a diverse group of service users with a wide range of care needs, including challenging behaviour.

This role will include some person moving and handling duties.

The role will include assisting in keeping the environment clean and free of hazards whilst on duty.

There will also be the need for light food preparation.

**Who is the person?**

You need to have:

1. The ability to converse at ease with residents with cognitive impairment and provide advice in accurate spoken English is essential.
2. Have patience and empathy, with an understanding of the needs of people with different types of dementia and physical disabilities.
3. Experience in a caring role as a formal paid or unpaid carer.
4. An understanding of the importance of resident’s dignity, privacy and choice, and applying this in practice.
5. The ability to be flexible and adaptable, able to work in a team as well as being able to work independently and able to use your own initiative and make decisions.
6. Have good communication, interpersonal and written skills.
7. Computer skills will be required to enable you to update care plans electronically and use e-learning.
8. An understanding of the cultural and linguistic needs of people from a diverse range of backgrounds.
9. You will be required to take part in training and development which will contribute towards your framework and study for QCF at level 2 / 3 (or equivalent) in Social Care and undertake learning to complete the Care Certificate (previously CIS) within your probation period.
10. The ability to deal with emergencies in a confident manner.
11. An understanding of the principles and practice of client confidentiality and Data Protection.

Portsmouth CITY COUNCIL

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.

**General Data Protection Regulation (GDPR)**

Portsmouth City Council is the Data Controller of any personal information you provide when applying for a job. It will only be used in connection with the recruitment process and will not be kept for longer than necessary. For more detailed information you can access the Data Protection Privacy Notice on our careers portal.