

Week 1	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Time	Rest	0630-1500	0630-1500	0630-1500	0630-1430	Rest	Rest
Decimal Hours	0	8	8	8	7.5	0	0

Week 2	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Time	1330-2200	1330-2200	1330-2200	Rest	Rest	0630-1500	0630-1500
Decimal Hours	8	8	8	0	0	8	8

Week 3	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Time	0630-1430	Rest	Rest	1330-2200	1330-2200	1330-2200	1330-2200
Decimal Hours	7.5	0	0	8	8	8	8