



Reablement Assessor

Salary: Band: 7, £32,061 - £36,363 per annum inc. 17% shift allowance, including early, late and weekend shifts.

37 hours per week:

You are required to work on a rota basis covering Monday - Sunday as per needs of the service. You are based in the office and will be completing community visits.

Location: St Marys, Portsmouth

Contract type: Permanent

Portsmouth City Council is committed to safeguarding and promoting the welfare of 'adults at risk' and expects all staff and volunteers to share this commitment. Every post is subject to PCC and Portsmouth Safeguarding Adults Board safer recruitment procedures.

This role requires a Disclosure and Barring Service (DBS) check which will be required prior to any offer of employment and this post is exempt from the Rehabilitation of Offenders Act 1974.

This role works in partnership with health (S113).

The Service

The Community Rehab Service (CRS) is an integrated health and social care team supporting adults with a wide range of health and care needs. The service provides:

- A **responsive crisis intervention** to manage needs at home and prevent unnecessary hospital admissions.
- A **city-wide service** that facilitates timely discharges and provides community-based care.
- An **intermediate care offer** focused on rehabilitation, reablement, and recovery in people's homes.

The team is a fully therapy-led model, working closely with community nursing and other partners to deliver high-quality, person-centred care.

Our Team

CRS includes Occupational Therapists, Physiotherapists, and Rehab Assistants who work collaboratively to deliver coordinated, person-centred support. The service supports individuals with a wide range of conditions, from simple to complex, aiming to promote independence and improve quality of life.

Our Vision

We aim to deliver innovative, effective services that:

- Enable people to live independently and healthily at home.
- Reduce long-term care needs and avoidable hospital admissions.

- Promote self-management and reablement.
- Provide the right support, in the right place, at the right time.

What is the role?

- Work in accordance with a rehabilitation philosophy that promotes maximum independence for all service users.
- Welcome service users' home from hospital, inpatient units, or the community, completing initial assessments and ensuring continuity of care.
- Assess and monitor service users' progress, review care plans regularly, and implement updates in collaboration with the multidisciplinary team (MDT) and with active involvement from the service user.
- Support service users with onward care arrangements, making appropriate referrals to Adult Social Care and utilising available community resources.
- Assist service users with a range of daily living tasks, including mobility, transfers, personal care, household activities, meal preparation, social engagement, and accessing the community.
- Apply safe moving and handling principles, ensuring the health and safety of service users and colleagues.
- Maintain clear, accurate and timely written and verbal communication, including high-quality record-keeping.
- Supervise, support and monitor the performance of Reablement Support Assistants, identifying training needs where appropriate.
- Provide cover in the absence of the Case Coordinator, offering guidance and escalating concerns relating to the operational functioning of the service.
- Work independently and collaboratively within the team, escalating risks or concerns appropriately to maintain safety and quality of care.
- Actively participate in supervision, team meetings and service development discussions.
- Complete the assessment of long-term needs as part of the ongoing reablement process, undertaking assessments and reviews for adults with care and support needs in line with the requirements of the Care Act 2014 (Part 1) and with consideration of the Mental Capacity Act 2005.
- Work flexibly across the service and undertake other appropriate duties to meet operational needs.

Who is the person?

You need:

1. To have experience of working with adults with care and support needs their families and carers.
2. Knowledge and experience of strength based and person-centred practice and enabling people to make informed decisions about their ongoing care and support needs.

3. Knowledge of the relevant statutory framework applicable to social care, including Care Act 2014, Mental Capacity Act 2005, Mental Health Act 1983 (this list is not exhaustive).
4. To have experience of undertaking personal care within a relevant setting.
5. To demonstrate a clear understanding of the impact that disability can have on individuals' daily lives, wellbeing, and independence.
6. To work as an effective and valued member of the service team, contributing actively to multidisciplinary discussions, sharing insights, and supporting collaborative decision-making to enhance service user outcomes.
7. To have the ability to be patient and promote dignity, choice and rights.
8. To be able to record, report, and escalate information clearly, accurately, and in a timely manner.
9. To be able to maintain confidentiality.
10. Be able to demonstrate experience of supervising and supporting staff, identifying training needs where appropriate would be desirable
11. Be able to work independently and collaboratively within the team, escalating issues where appropriate.
12. To be flexible and able to adjust to changing needs of the service. Working between the hours of 7am and 10pm in order to meet the needs of the service. This includes working 1 in 4 weekends.
13. A driving licence *and* access to a vehicle for work purposes as you will be required to make visits within the community.
14. Have excellent communication skills and the ability to converse at ease with customers and provide advice in accurate spoken English is essential for the post.

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.

General Data Protection Regulation (GDPR)

Portsmouth City Council is the Data Controller of any personal information you provide when applying for a job. It will only be used in connection with the recruitment process and will not be kept for longer than necessary. For more detailed information you can access the Data Protection Privacy Notice on our [careers portal](#).