



Care Assistant (Days) - Harry Sotnick House

Salary: Band: 4, £25,948 - £26,473 pro rata depending on hours (17% shift enhancement added for days depending on rostered hours)

3 x 37 hours per week and 1 x 36.5 hours per week.

Please indicate on your application the hours you are applying for.

Shifts are between 08.00-14.00, 14.00- 20.00, 08.00-20.00 and will include alternate weekend working and some bank holiday working. Shifts over six hours will have an unpaid break of half hour. These shifts will be worked over a fixed two-week rota.

Portsmouth City Council is committed to safeguarding and promoting the welfare of 'adults at risk' and expects all staff and volunteers to share this commitment.

DBS Disclosure at Enhanced level will be required prior to any offer of employment and this post is exempt from the Rehabilitation of Offenders Act 1974.

What is the purpose of Adult Social care from a service user perspective?

Help me, when I need it, to live the life I want to live

The Service

Harry Sotnick House is a 46 bed nursing home spread over two wings on the ground floor and is rated Good by the Care Quality Commission. At Harry Sotnick House we deliver a broad range of healthcare services to older people with mental and physical health needs, offering long term dementia care.

We are fully committed as a team and are involved in all aspects of our resident's lives. It can be hard work and mentally & physically strenuous but rewarding for the right person with the right skills and values. We provide person centred care to our residents and encourage them to make choices as part of helping them maintain their independence as much as possible. We encourage activity based care. As a service we take pride in our work by valuing others, focusing on what's important so that we make a real and positive difference to our residents.

What is the role?

Using a person-centred approach, you will look after the physical, emotional, cultural and social needs of service users. This will include personal care, assisting clients at mealtimes and all aspects of daily living. You will be providing person centred care in the form of social activities which promotes the resident's mental health and wellbeing and improves their quality of life.

You will be a key worker to specific residents taking responsibility to ensure information about their health and wellbeing is recorded on the electronic care planning system "Nourish" and communicate to the assistant managers as per our legal requirement under the Care Quality Commission (CQC) to meet our fundamental standards.



You will look after the needs of a diverse group of service users with a wide range of care needs, including challenging behaviour.

This role will include some person moving and handling duties.

There will be the need for light food preparation.

Who is the person?

You need to have:

1. The ability to converse at ease with residents with cognitive impairment and provide advice in accurate spoken English is essential.
2. Have patience and empathy, with an understanding of the needs of people with different types of dementia and physical disabilities.
3. Experience in a caring role as a formal paid or unpaid carer.
4. An understanding of the importance of resident's dignity, privacy and choice, and applying this in practice. (Fundamental standard 2 Dignity & Respect).
5. The ability to be flexible and adaptable, able to work in a team as well as being able to work independently and able to use your own initiative and make decisions.
6. Have good communication, interpersonal and written skills. (Fundamental standard 10 Staff should have the right skills & is competent).
7. Computer skills will be required to enable you to update care records, use e-learning, print of your payslip etc.
8. An understanding of the cultural and linguistic needs of people from a diverse range of backgrounds.
9. You will be required to take part in training (on and off site) and development which will contribute towards your framework and study for QCF at level 2 / 3 (or equivalent) in Social Care and undertake learning to complete the Care Certificate (previously CIS) within your probation period.
10. The ability to deal with emergencies in a confident manner.
11. An understanding of the principles and practice of client confidentiality and Data Protection.

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.

General Data Protection Regulation (GDPR)

Portsmouth City Council is the Data Controller of any personal information you provide when applying for a job. It will only be used in connection with the recruitment process and will not be kept for longer than necessary. For more detailed information you can access the Data Protection Privacy Notice on our [careers portal](#).