



Occupational Therapist

Salary: Band 9: £39,151 - £42,838 p.a.

37 hours per week:

Office attendance is required, Monday - Friday, this remains flexible, subject to business needs.

Location: St Marys Hospital, Portsmouth.

Contract type: Permanent.

Portsmouth City Council is committed to safeguarding and promoting the welfare of 'adults at risk' and expects all staff and volunteers to share this commitment. Every post is subject to PCC and Portsmouth Safeguarding Adults Board safer recruitment procedures.

This role requires a Disclosure and Barring Service (DBS) check which will be required prior to any offer of employment and this post is exempt from the Rehabilitation of Offenders Act 1974.

This role works in partnership with health (S113).

The Service

The Community Rehabilitation Service (CRS) is an integrated health and social care service supporting adults with a wide range of health and care needs. The service delivers a responsive, city-wide offer that includes crisis intervention to prevent unnecessary hospital admissions, timely discharge support, and community-based rehabilitation.

CRS provides an intermediate care model focused on rehabilitation, reablement, and recovery within individuals' own homes. The service operates a therapy-led approach, working closely with community nursing and wider system partners to deliver high-quality, person-centred care.

The workforce includes Occupational Therapists, Physiotherapists, Case Coordinators and Rehabilitation Assistants working collaboratively to deliver coordinated interventions. The service supports individuals with a broad range of needs, with the aim of maximising independence and improving quality of life.

The service is committed to delivering innovative, forward-thinking interventions that enable people to live independently, reduce long-term care needs, avoid hospital admissions and ensure support is provided at the right time and in the right place.

What is the role?

The Occupational Therapist will work as part of the Community Rehabilitation Service, delivering high-quality, person-centred occupational therapy assessment and intervention to support individuals to maximise independence and remain safely within their own homes.



This is a fantastic opportunity to develop your skills within a supportive multidisciplinary team, contributing to rehabilitation, reablement and recovery-focused care in a dynamic community setting.

The post holder will undertake holistic assessments of individuals' functional abilities, environmental factors, and support networks, developing practical and personalised interventions that support both immediate needs and longer-term independence. You will work with increasing autonomy, supported by senior clinicians, developing your clinical reasoning, prioritisation and decision-making skills within a fast-paced service.

Key responsibilities include:

- Undertaking occupational therapy assessments and delivering person-centred interventions across a varied caseload.
- Supporting individuals through rehabilitation and reablement to maximise independence.
- Contributing to discharge planning and hospital avoidance activity.
- Completing risk assessments and implementing safe and effective intervention plans.
- Working collaboratively within a multidisciplinary team to coordinate care and support positive outcomes.
- Developing and implementing rehabilitation programmes in community and home environments.
- Maintaining accurate, timely and evidence-based clinical records.
- Working within professional guidelines, organisational policies and supervision structures.
- Participating in supervision, team development and service improvement activities.

The role requires the ability to manage workload effectively, prioritise tasks and work within a supportive team environment.

Who is the person?

You need:

1. A recognised Occupational Therapy qualification (Diploma, BSc or equivalent recognised by the World Federation of Occupational Therapists) and current HCPC registration.
2. Experience working as an Occupational Therapist within health, social care or rehabilitation settings.
3. Knowledge of Adult Social Care eligibility criteria and an understanding of how this applies in practice.
4. Good assessment and treatment planning skills across a varied caseload.
5. The ability to undertake holistic assessments and contribute to measuring outcomes of interventions.
6. An understanding of adult safeguarding and the ability to apply safeguarding principles in practice.
7. A commitment to delivering personalised, person-centred care.
8. The ability to manage a varied workload efficiently and effectively.
9. Good evidence-based recording skills and the ability to maintain accurate documentation.



10. Strong communication skills, including the ability to work with individuals, carers and professionals. The ability to converse at ease with customers and provide advice in accurate spoken English is essential for the post.
11. The ability to work on your own initiative with appropriate support, organise workload and respond to competing demands.
12. An interest in developing skills in supervision, mentoring and supporting others.
13. Experience of, or willingness to develop skills in, equipment provision and moving and handling.
14. Demonstrable IT skills and confidence using electronic systems.
15. A full driving licence and access to a vehicle for work purposes. Including transporting equipment across the city.
16. A commitment to continuing professional development and maintaining professional standards of practice.

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.

General Data Protection Regulation (GDPR)

Portsmouth City Council is the Data Controller of any personal information you provide when applying for a job. It will only be used in connection with the recruitment process and will not be kept for longer than necessary. For more detailed information you can access the Data Protection Privacy Notice on our [careers portal](#).