

Higher Grade Rehabilitation & Reablement Assistant

**Salary:** Band 6 £28,239 - £32,061, plus 17% shift allowance.

**Hours:** 37 hours per week, including early, late and weekend shifts.

**Location:** St Marys Community Health Campus

**Contract type:** Permanent

Portsmouth City Council is committed to safeguarding and promoting the welfare of 'adults at risk' and expects all staff and volunteers to share this commitment.

### **About the Community Rehab Service (CRS)**

The Community Rehab Service (CRS) is an integrated health and social care team supporting adults with a wide range of health and care needs. The service provides:

- A **responsive crisis intervention** to manage needs at home and prevent unnecessary hospital admissions.
- A **city-wide service** that facilitates timely discharges and provides community-based care.
- An **intermediate care offer** focused on rehabilitation, reablement, and recovery in people's homes.

The team is evolving into a **fully therapy-led model**, working closely with community nursing and other partners to deliver high-quality, person-centred care.

### **Our Team**

CRS includes Occupational Therapists, Physiotherapists, Therapy Assistants, and Rehab Assistants who work collaboratively to deliver coordinated, person-centred support. The service supports individuals with a wide range of conditions, from simple to complex, aiming to promote independence and improve quality of life.

### **Our Vision**

We aim to deliver innovative, effective services that:

- Enable people to live independently and healthily at home.
- Reduce long-term care needs and avoidable hospital admissions.
- Promote self-management and reablement.
- Provide the right support, in the right place, at the right time.

### **What our patients say about us:**

*'Helpful, encouraging and reassuring. The whole experience was heart-warming and comforting.'*

*'The care I was given was wonderful, can't thank the team enough.'*

*'Reliable, friendly and efficient team.'*

### **What our staff say about working in the team:**

*"Working in rehabilitation is a very rewarding career, I get to go home knowing that I have made a difference to someone's day! The job provides great satisfaction as no two days are the same". (Higher Grade Rehabilitation Assistant)*

*"My name is Marcel and I work in Occupational Therapy (OT) for the Community Rehabilitation Service. I have worked in CRS for 12 years and find the work very rewarding. I relish enabling patients to achieve health, wellbeing, and life satisfaction through participation in occupation. I pride myself on helping patients overcome challenges such as going to work, participating in hobbies/ interests, or simply preparing a hot drink."*

### **What is the purpose of Adult Social Care from a service user perspective?**

Help me, when I need it, to live the life I want to live.

### **What is the role?**

- To work at all times to a rehabilitation philosophy enabling service users to be as independent as possible.
- To welcome service users' home from hospital/ inpatient unit, evaluating assessments completed on the ward and ensuring continuity of care.
- Take responsibility for assessing service users' progress and evolving needs, reviewing care plans regularly, and implementing appropriate updates in collaboration with the multidisciplinary team (MDT) and with active involvement from the service user.
- To support the service user with the onward care arrangements utilising available resources and referring to our Adult Social Care colleagues.
- To assist service users in a range of daily living tasks, for example with transfers, mobility, washing and dressing, toileting, household tasks, meal preparation, social activity and access to the community.
- To have an understanding and implementation of safe moving and handling, promoting health and safety for service users.
- To have well developed oral and written communication skills and the ability to keep clear, precise, timely and accurate records.
- To supervise, observe and monitor the performance of Rehabilitation Assistants and identify training if required.
- To provide senior cover in the absence of the Case Coordinator, offering advice and recognising where escalation may be required.
- Demonstrate the ability to work independently and collaboratively within a team, while confidently identifying and escalating concerns through appropriate channels to ensure service user safety and quality of care.
- To attend regular supervision sessions and participate in team meetings.

### **Who is the person?**

You need to have:

- Have experience of working in a health or social care setting, including experience working with adults within a rehabilitation setting.
- Have experience of undertaking personal care within a relevant setting.
- Demonstrate a clear understanding of the impact that disability can have on individuals' daily lives, wellbeing, and independence.
- Work as an effective and valued member of the service team, contributing actively to multidisciplinary discussions, sharing insights, and supporting collaborative decision-making to enhance service user outcomes.
- Have the ability to be patient and promote dignity, choice and rights.
- Able to record, report, and escalate information clearly, accurately, and in a timely manner.
- Be able to maintain confidentiality.
- Be flexible and able to adjust to changing needs of the service.
- Work flexibly between the hours of 7am and 10pm in order to meet the needs of the service. This includes working 1 in 4 weekends.
- Must have a full driving licence *and* access to a vehicle for work purposes.
- Have excellent communication skills and the ability to converse at ease with customers and provide advice.

#### **General Data Protection Regulation (GDPR)**

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