



Rehabilitation & Reablement Assistant

Salary: Band: 4, £25,201 p.a. plus a 17% shift allowance (if applicable)

37 hours, including early, late and weekend shifts

Portsmouth City Council is committed to safeguarding and promoting the welfare of vulnerable adults and expects all staff and volunteers to share this commitment.

DBS Disclosure at Enhanced level will be required prior to any offer of employment and this post is exempt from the Rehabilitation of Offenders Act 1974.

The Service

The Community Rehab Service (CRS) is an integrated health and social care team, supporting adults with a wide range of health and care needs. The service provides:

- A responsive crisis intervention to manage needs at home and prevent unnecessary hospital admissions.
- A city-wide service that facilitates timely discharges and provides community-based care.
- An intermediate care offer focused on rehabilitation, reablement, and recovery in people's homes.

The team is evolving into a **fully therapy-led model**, working closely with community nursing and other partners to deliver high-quality, person-centred care.

Our Team

CRS includes Occupational Therapists, Physiotherapists, Therapy Assistants, and Rehab Assistants who work collaboratively to deliver coordinated, person-centred support. The service supports individuals with a wide range of conditions, from simple to complex, aiming to promote independence and improve quality of life.

Our Vision

We aim to deliver innovative, effective services that:

- Enable people to live independently and healthily at home.
- Reduce long-term care needs and avoidable hospital admissions.
- Promote self-management and reablement.
- Provide the right support, in the right place, at the right time.

What our clients say about us:

'Helpful, encouraging and reassuring. The whole experience was heart-warming and comforting.'

'The care I was given was wonderful, can't thank the team enough.'

'Reliable, friendly and efficient team.'



What our staff say about working in the team:

"Working in rehabilitation is a very rewarding career, I get to go home knowing that I have made a difference to someone's day! The job provides great satisfaction as no two days are the same". (Higher Grade Rehabilitation Assistant)

"My name is Marcel and I work in Occupational Therapy (OT) for CRS. I have worked for CRS for 12 years and find the work very rewarding. I relish enabling patients to achieve health, wellbeing, and life satisfaction through participation in occupation. I pride myself on helping patients overcome challenges such as going to work, participating in hobbies/ interests, or simply preparing a hot drink."

What is the purpose of Adult Social Care from a client perspective?

Help me, when I need it, to live the life I want to live.

What is the role?

- To provide personal care to individuals in their own home, supporting their dignity and independence in daily living activities such as washing, dressing, toileting and mobility/transfers. The successful candidate will demonstrate a genuine willingness to learn these skills in line with best practice and service standards, with guidance and support from experienced team members.
- To follow a rehabilitation approach to help clients become more independent and reach their personal goals
- To have an understanding of and be able to implement safe moving and handling techniques, promoting health and safety for clients and their carer givers/family members. Further training will be given.
- To report promptly and discuss significant changes in clients, to appropriate professionals.
- To maintain confidential, accurate and timely electronic records.
- To be mindful of any possible safeguarding concerns and report accordingly.
- To work alongside other professionals in the service to help our clients to achieve the best possible outcomes.
- To attend regular supervision sessions and participate in group supervision.
- To ensure all mandatory training is kept up to date.

Who is the person?

You need to:

1. Demonstrate a clear understanding of the specific needs of the client group, while actively promoting and upholding their rights, independence and informed choices.
2. To be empathetic and compassionate with clients while working to maintain and promote their independence.
3. Have the required level of literacy and numeracy to enable you to accurately report and record client data.



4. Have well developed communication skills and the ability to converse at ease with customers in accurate spoken English which is essential for the post.
5. Be able to maintain confidentiality.
6. Be able to offer social and emotional support.
7. Be flexible and adaptable in approach to meet client and service needs.
8. Be able to work as an effective team member of the service.
9. Work flexibly between the hours of 7am and 10pm in order to meet the needs of the service. This includes working alternate weekends.
10. You must have a full UK driving licence *and* your own transport as your role will involve visiting service users across the city.

Please feel free to contact Sarah McCully for an informal chat about the post on 0300 1234 021.

We would welcome potential candidates coming in to meet the team/find out more about us prior to interview.

How to apply: Remember to demonstrate why you are suitable against each of the points described in the 'Who is the Person' points on the Job Profile using examples from your experience or transferable skills. This might be through qualifications or descriptive examples from your work / personal experience, which clearly illustrates what you did and the effect it had.

General Data Protection Regulation (GDPR)

As part of any recruitment process, Portsmouth City Council collects and processes personal data relating to job applicants. Portsmouth City Council is committed to being transparent about how it collects and uses that data and to meeting its data protection obligations under the General Data Protection Regulations (GDPR).

Completing and sending an application in for a vacancy is your consent for us to process your data for the purpose of recruitment. Your data is not used in any other way and you can withdraw your consent at any point in the recruitment process and we will destroy or delete your information.

For more detailed information on what we collect, how we use, store, delete data and your rights you can access a privacy statement on our Job board.

This role is eligible for a DBS check and the DBS have published a privacy notice to ensure individuals are fully informed of the use of their personal data; their rights and that Portsmouth City Council are meeting the necessary requirements when submitting DBS checks. It is important that you read and understand this privacy policy before any application is submitted to the DBS.

Visit the Gov website to read the full notice.

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.