

What you'll learn to do (by the end of the 3 years)

By the end of the apprenticeship, you'll be able to:

- Measure and report on local health and wellbeing (using data and feedback)
- Help improve community health and reduce unfair health differences
- Support work that protects people from health risks (for example infections or environmental hazards)
- Find and use good evidence, including basic research, to support decisions
- Review services and projects to see what's working and how to improve them
- Work with policies and plans, and understand how decisions are made in local government
- Work with different organisations and teams to deliver shared goals
- Help plan and manage projects and programmes (time, people and budgets)
- Communicate clearly with different audiences (emails, reports, presentations)
- Work professionally and ethically, and take responsibility as your confidence grows

What the 3 years look like

Year 1 – getting started

- Time getting started and meeting our team
- 6-month placement with the Wellbeing Service
- An introduction to public health and how local government works

Year 2 – building your skills

- 6-month placement with Drugs and Alcohol Commissioning
- Project work (for example: reading up on a topic, planning a small piece of work, and talking to people who use or run services) in areas like:
 - Healthy weight / weight management
 - Mental health
 - Green spaces and health
 - Things that affect health day-to-day (like housing, money, work and education)

Year 3 – growing your confidence

- Skills you'll build:
 - Writing reports in plain English
 - Creating and giving presentations
 - Planning and managing projects
- Project opportunities, for example:
 - Health protection (helping keep people safe from infections and other risks)

- Public health intelligence (using data to understand what's happening and what to do next)
- Chances to get involved across the local health and care system, such as:
 - Health and Care Portsmouth (local partners working together)
 - Health and Wellbeing Board (where key decisions are discussed)