



Rehabilitation & Reablement Assistant

Salary: Band 4 £24,420 - £25,652 p.a. plus shift allowance of 17%

Hours: 37 hours per week including early, late and weekend shifts

Contract: Permanent

Portsmouth City Council is committed to safeguarding and promoting the welfare of vulnerable adults and expects all staff and volunteers to share this commitment.

DBS Disclosure at Enhanced level will be required prior to any offer of employment and this post is exempt from the Rehabilitation of Offenders Act 1974.

The Service

The Community Rehabilitation Service is an integrated health and social care team, providing a short term Intermediate Care and Rehabilitation Service to vulnerable and disabled service users. The team consists of Rehabilitation and Reablement Assistants, Occupational Therapists, Physiotherapists and Nurses. The post holder will provide skilled support to maximise independence and to help the individual remain living in their own home for longer.

What our patients say about us:

'Helpful, encouraging and reassuring. The whole experience was heart-warming and comforting.'

'The care I was given was wonderful, can't thank the team enough.'

'Reliable, friendly and efficient team.'

What our staff say about working in the team:

"Working in rehabilitation is a very rewarding career, I get to go home knowing that I have made a difference to someone's day! The job provides great satisfaction as no two days are the same". (Higher Grade Rehabilitation Assistant)

"My name is Marcel and I work in Occupational Therapy (OT) for CRS. I have worked for CRS for 12 years and find the work very rewarding. I relish enabling patients to achieve health, wellbeing, and life satisfaction through participation in occupation. I pride myself on helping patients overcome challenges such as going to work, participating in hobbies/ interests, or simply preparing a hot drink. I also enjoy our MDT focussed approach and work closely with Physiotherapists, Social Workers, Nurses, and Rehab Support towards a patient's meaningful and purposeful goals".

What is the purpose of Adult Social Care from a service user perspective?

Help me, when I need it, to live the life I want to live.

What is the role?



- To assist clients in a range of daily living tasks, for example with transfers, mobility, washing and dressing, toileting, household tasks, meal preparation, social activity and access to the community.
- To work at all times to a rehabilitation philosophy enabling clients to be as independent as possible. Work with patients to meet their personalised goals.
- To have an understanding and implementation of safe moving and handling, promoting health and safety for service users. Further training will be given.
- To report promptly and discuss significant changes in service users to appropriate professionals.
- To maintain confidential, legible and accurate records.
- Work jointly and effectively within the MDT, nurses, OT's and physiotherapists, to promote best possible outcomes for our patients.
- To attend regular supervision sessions and participate in group supervision.

Who is the person?

You need to:

1. Have an understanding of the needs of the client group, promoting and supporting individuals' rights and choices.
2. Have the ability to be patient and sensitively assist service users to maintain their independence.
3. Have the required level of literacy and numeracy to enable you to accurately report and record.
4. Have well developed communication skills. The ability to converse at ease with customers and provide advice in accurate spoken English is essential for the post.
5. Be able to maintain confidentiality.
6. Be able to offer social and emotional support.
7. Be flexible and able to adjust to the ever-changing client needs.
8. Be able to work as an effective team member of the service.
9. Work flexibly between the hours of 7am and 10pm in order to meet the needs of the service. This includes working alternate weekends.
10. *****You must have a full UK driving licence *and* your own transport as your role will involve visiting service users across the city on a daily basis within a specific time span*****

Please feel free to contact Sarah McCully for an informal chat about the post on 0300 1234 021.

We would welcome potential candidates coming in to meet the team/find out more about us prior to interview.



General Data Protection Regulation (GDPR)

As part of any recruitment process, Portsmouth City Council collects and processes personal data relating to job applicants. Portsmouth City Council is committed to being transparent about how it collects and uses that data and to meeting its data protection obligations under the General Data Protection Regulations (GDPR).

Completing and sending an application in for a vacancy is your consent for us to process your data for the purpose of recruitment. Your data is not used in any other way and you can withdraw your consent at any point in the recruitment process and we will destroy or delete your information.

For more detailed information on what we collect, how we use, store, delete data and your rights you can access a privacy statement on our Job board.

This role is eligible for a DBS check and the DBS have published a privacy notice to ensure individuals are fully informed of the use of their personal data; their rights and that Portsmouth City Council are meeting the necessary requirements when submitting DBS checks. It is important that you read and understand this privacy policy before any application is submitted to the DBS.

Visit the Gov website to read the full notice.

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.