



Senior Occupational Therapist

Salary: Band: 10, £42,838 - £47,181 p.a.

37 hours per week:

Office attendance is required, Monday - Friday, this remains flexible, subject to business needs.

Location: St Marys Hospital, Portsmouth.

Contract type: Permanent.

Adults Safeguarding Roles: Portsmouth City Council is committed to safeguarding and promoting the welfare of 'adults at risk' and expects all staff and volunteers to share this commitment. Every post is subject to PCC and Portsmouth Safeguarding Adults Board safer recruitment procedures.

This role requires a Disclosure and Barring Service (DBS) check which will be required prior to any offer of employment and this post is exempt from the Rehabilitation of Offenders Act 1974.

This role works in partnership with health (S113).

The Service

The Community Rehabilitation Service (CRS) is an integrated health and social care service supporting adults with a wide range of health and care needs. The service delivers a responsive, city wide offer that includes crisis intervention to prevent unnecessary hospital admissions, timely discharge support, and community based rehabilitation.

CRS provides an intermediate care model focused on rehabilitation, reablement, and recovery within individuals' own homes. The service operates a therapy led approach, working closely with community nursing and wider system partners to deliver high quality, person centred care.

The workforce includes Occupational Therapists, Physiotherapists, Case Coordinators and Rehabilitation Assistants working collaboratively to deliver coordinated interventions. The service supports individuals with a broad range of conditions, from simple to highly complex, with the aim of maximising independence and improving quality of life.

The service is committed to delivering innovative, forward-thinking interventions that enable people to live independently, reduce long term care needs, avoid hospital admissions, and ensure support is provided at the right time and in the right place.

What is the role?

The Senior Occupational Therapist is a key clinical role within the Community Rehabilitation Service, responsible for delivering high-quality, person-centred



occupational therapy assessment and intervention to individuals with complex and often urgent needs.

This is an exciting opportunity to make a meaningful impact on people's independence and recovery, working as part of a supportive multidisciplinary team to assess, plan and deliver rehabilitation programmes that maximise independence and promote positive outcomes.

The post holder will carry out comprehensive, holistic assessments of individuals' functional abilities, environmental factors, and support networks, identifying personalised and creative solutions to meet both immediate and longer-term needs. Interventions will be delivered across community and home environments.

The Senior Occupational Therapist is expected to work autonomously, using advanced clinical reasoning skills to make independent decisions regarding patient care, risk management, and intervention planning. The role requires confident prioritisation and management of a complex caseload within a fast-paced and rewarding service.

Key responsibilities include:

- Undertaking detailed occupational therapy assessments and delivering targeted, person-centred interventions for individuals with a wide range of physical, cognitive, and social needs.
- Managing a complex and often urgent caseload, demonstrating timely and effective clinical decision-making.
- Completing and documenting comprehensive risk assessments to ensure the safety of individuals, carers, and staff.
- Developing and implementing rehabilitation and reablement plans that promote independence and reduce reliance on long-term care.
- Working collaboratively within a multidisciplinary team to coordinate care and deliver a seamless service across health and social care pathways.
- Supporting the front door of the service, including reviewing and triaging new referrals and balancing demand with team capacity.
- Providing specialist advice and guidance to colleagues, supporting best practice in assessment, equipment provision, and moving and handling.
- Supervising, mentoring, and supporting the development of qualified and unqualified staff, including students on placement.
- Contributing to service development and improvement initiatives, including project work and identifying opportunities for innovation.
- Maintaining accurate, timely, and evidence-based clinical records in line with professional and organisational standards.
- Ensuring all practice aligns with relevant legislation, professional standards, and local policies, including safeguarding responsibilities.
- Representing the service at internal and external meetings, supporting partnership working and integrated care delivery.
- The role requires the ability to manage workload effectively, prioritise competing demands, and work within a collaborative team environment.

Who is the person?

You need:

1. A recognised Occupational Therapy qualification (Diploma, BSc or equivalent recognised by the World Federation of Occupational Therapists) and current HCPC registration.
2. Substantial post-qualification experience, including working with individuals with complex and urgent needs in community or rehabilitation settings.
3. Strong knowledge of Adult Social Care eligibility criteria and the application of this in practice.
4. Excellent assessment and treatment planning skills for a varied caseload. The ability to undertake holistic assessments and effectively measure outcomes of interventions.
5. A thorough understanding of adult safeguarding and the ability to apply safeguarding policy and procedures in practice.
6. A full understanding of, and commitment to, embedding personalisation in all aspects of care.
7. Strong case management skills and the ability to manage a varied workload efficiently and effectively.
8. Excellent evidence-based recording skills and ability to maintain clear, accurate documentation.
9. Highly developed communication skills, including the ability to manage conflict and respond to challenging behaviours.
10. The ability to work on your own initiative, organise workload effectively and respond to competing demands and changing priorities.
11. Experience of supervising, mentoring and developing staff and students.
12. Experience of contributing to performance management processes and supporting staff development.
13. Experience of providing specialist equipment and supporting others in identifying appropriate solutions.
14. Strong manual handling skills and the ability to support others to problem-solve complex moving and handling situations.
15. Demonstrable IT skills and confidence using electronic systems.
16. A full driving licence and access to a vehicle for work purposes, including transporting equipment across the city.
17. A commitment to continuing professional development and maintaining high professional standards of practice.
18. The ability to converse at ease with customers and provide advice in accurate spoken English is essential for the post.
19. You will be required to demonstrate a commitment to continuing professional development and maintaining high standards of professional practice..

You will need to demonstrate that you have the Right to Work in the UK. No post will be offered without it.

General Data Protection Regulation (GDPR)

Portsmouth City Council is the Data Controller of any personal information you provide when applying for a job. It will only be used in connection with the recruitment process and will not be kept for longer than necessary. For more detailed information you can access the Data Protection Privacy Notice on our [careers portal](#).